

Saint Joseph Lay Carmelite Community #2415, Rochester, Minnesota
Province of the Most Pure Heart of Mary
October 2024 Newsletter

Dear Lay Carmelites,

As we celebrate the Feasts of Saints Thérèse of the Infant Jesus and the Holy Face and Teresa of Jesus in October, let us meditate on how the Church has always considered Carmel as an Order dedicated in a particular way to the love and service of the Immaculate Mother of God. Its history and tradition have been bound to her with such sweet ties, that without its love for Mary, Carmel ceases to be Carmel. In the words of Father Gabriel of St. Mary Magdalene, OCD:

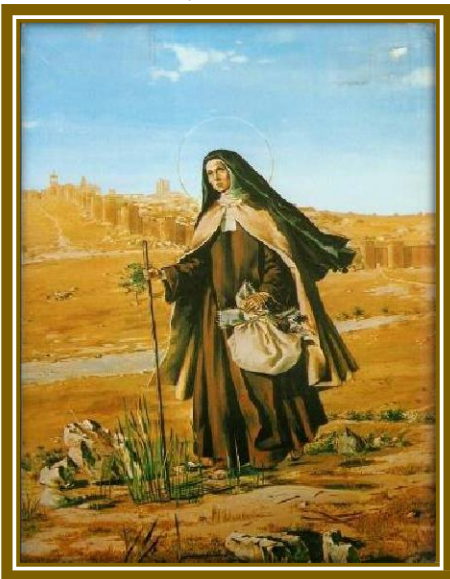
“Devotion to Our Lady of Mt. Carmel is a call to the interior life, which is in a very special way the life of Mary. Our Lady wishes us to be like her, more in heart and in spirit, than by wearing an exterior habit. If we penetrate Mary’s soul, we see that grace flourished in her and that her interior life was immensely rich. She lived a life of recollection, of prayer, of uninterrupted self-giving to God, of continuous relationship with God and of intimate union. The soul of Mary is a sanctuary reserved for God alone, where no human creature has left an imprint, where there reigns love, zeal for the glory of God and for the salvation of people.”

“Those who wish to have a full and deep devotion to Our Lady of Mt. Carmel must follow Mary in the profundity of her interior life. Carmel is a symbol of the contemplative life, a life wholly dedicated to the search for God, wholly turned towards divine intimacy. The one who most fully fulfills this high ideal is Our Lady, Regina Decor Carmeli.



‘In the desert, equity will live and on Carmel justice will preside. Peace will flow from justice and from justice silence will flow, and security forever. My people will live in peace, in a **strong fortress.**’ [Is 32:16-18]

These verses are in the proper Office for Our Lady of Mt. Carmel, demonstrating the contemplative spirit---a beautiful sketch of the soul of Mary, who is a true “garden” (in Hebrew, “Carmel” means garden) of virtue, oasis of silence, of peace, in whom reigns justice and equity. She is a stronghold surrounded by the shadow of God and filled with God. Every soul called to the interior life, even if living in the midst of this noisy world, must seek to arrive at this peace and at this interior silence that makes possible the continuous contact with God. Only the soul which is completely detached, and which has completely dominated all passions can, like Mary, be a solitary “garden” where the Lord finds delight.”¹



October Carmelite Saints and Blessed:

Saint Thérèse of the Child Jesus and of the Holy Face (1873-1897)--Virgin and Doctor --1st; Saint Teresa of Jesus (1515-1582)—Virgin and Doctor --15th

October Birthday Remembrances Holy Mass the Annunciation Hermitage:

Alan Zeccardi-1st; Rosemary Wilson (deceased)-11th; Janet Schlacht-18th

¹ <https://www.carmelitemonastery.org/ourlady.php>



8am Holy Mass St Pius (optional)
Co-Cathedral of St John the Evangelist. Oct. 5th
Gathering Space Room.
9:15-12:15 Meeting.
Side 1 Terese; Side 2 Suzie.

Christian Prayer:

Inv. 845.
Hymn #151.
Psalms/Canticle: 845-849.
Reading/Intercessions/Prayer 849-850. Volume IV:
Inv. 922.
Hymn 922 “Praise the Lord, ye heavens, adore Him”
Psalms/Canticle: 926-930.
Reading/Intercessions/Prayer: 930-931.

Opening Prayer [p.81]
Consecration to BVM [p.83]; Salve Regina [p.85]; St Joseph Prayer. Lectio Divina: St. Matthew 10: 2-12.

Carmel’s Call: pp. 24-26.
Announcements.
On-going Formation-*Last Retreat*: Days 3-8, pp. 143-151.

Announcements:

- SJLCC Adorers Chapel Co-Cathedral. Every Friday of the month 4-5 pm.
- October 1st First Tuesday service with Channel One: <https://www.sj.org/channel-one> For questions see Niniek.
- “Come and See” discerning the call to Carmel continues in our October Meeting.
- 40 Days for Life Holy Hour Eucharistic Adoration October 24th, 5-6 pm in the Chapel at the Co-Cathedral. We will lead open/ close.
- Thank you all who helped with the September 28th Hermits of St Mary visit!
- Our next on-going Formation book is Saint Thérèse of Lisieux: *Her Last Conversations*. Revised Edition 2023. More info. to follow! [St. Thérèse of Lisieux: Her Last Conversations – ICS Publications](#)
- The new Carmel’s Call [see the cue for page #] will be used at our Meetings from now. Please see Terese if you have not received one.

Formation Notes: On-going Formation is St Elizabeth’s *Last Retreat*: Days 3-8, pp. 143-151. Note the phrases that inspire you; be prepared to share.

Phase II (Year 1): Ruth: Ch. 8b. ‘History of the Carmelite Family, Part II’ pp. 182-196, with Marilyn.

Phase II (Year 2): Tia: Ch. 18b. ‘Holy Men and Women of Carmel, Part 1.b. Early Saints’ pp. 529-548, with Dianne.

Interview with Deb McCauley after October Meeting.

Formation meets at St. James Coffee every 3rd Sun, 12- 2 pm.

TABLE 1	TABLE 2	TABLE 3	TABLE 4
Terese Horlocker (Lead)	Dave Reinschmidt (Lead)	Marie Goihl (Lead)	Niniek Pranoto (Lead)
Michael Kacir	Dianne Johnson	Sandra Groslie	Suzie Oliver
Dorothy Loftus-Nall	Bob Kertis	Mary Hayek	Sharon Stanton
Paul Byron	Paula Plummer	Marilyn Baker	Slava Dousa
Deacon Randy	Bob Robak	Tia Meyer	Ruth Wentz
Clark Amorillo	Lise Paulik	Laurie Archbold	Deb McCauley
Anne Cuccio	Jasmine Sexton	Siyi Ji	Suzanne Norris / Lynn Gaffey

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Our Carmelite Charism: Prayer, Community and Service

